

Understanding and Implementing the National Tribal Behavioral Health Agenda

Length of Time: 3.5 hours

Time: The training will take place the afternoon of April 5th, 2017

Facilitators: Shervin Aazami, National Indian Health Board, and others TBD

Training Description: The National Tribal Behavioral Health Agenda (TBHA) was birthed from concerted discussions among Tribal leaders serving on the Tribal Technical Advisory Committee of the Substance Abuse and Mental Health Services Administration (SAMHSA) about the imminent need for behavioral health interventions in Tribal communities. In response, SAMHSA partnered with the Indian Health Service and the National Indian Health Board to create the first-ever Tribally informed blueprint for elevating AI/AN behavioral health outcomes. This blueprint examines AI/AN behavioral health issues from a culturally competent and comprehensive vantage point, taking into careful consideration the nuances behind behavioral health issues across Tribal communities, and advances policy and programmatic recommendations that promote Tribal self-determination. This training will provide an in-depth analysis of the various components of the TBHA, including an assessment of its strategies and priorities. This information will then guide discussions around utilization of the TBHA during strategic planning efforts and other behavioral health programming and policymaking.

Audience: This training is designed for Tribal health officials, public health professionals, Area Indian health board staff, advocates, Tribal leaders and Council members, Tribal Epidemiology center staff, Tribal members, and those Tribal staff and affiliates that are actively engaged in behavioral health programming and policymaking in Tribal communities.

Training Goal: The goal of this training is to provide a framework for participants to understand the TBHA, the five core foundational elements, and to provide a platform whereby strategies for application and implementation are discussed.

Training Objectives:

By the end of this training, participants will be able to:

- Identify and understand the 5 Foundational Elements of the TBHA
- Explain the role of the TBHA in Tribal behavioral health programming and policymaking
- Examine strategies for adapting and implementing the TBHA in their communities

Topics to Be Addressed During the Training:

- Current state of behavioral health in Indian Country
- The development of the TBHA
- The 5 foundational elements of the TBHA
- Social determinants of health as they apply to behavioral health outcomes
- Health equity based approach to behavioral health
- Strategies for implementing a strategic plan or Tribal action plan on behavioral health
- Guidelines for reaching health equity in public health practice



Trainer Agenda

April 5th

- 1:00pm Welcome & Introductions
- Introductions and quick icebreaker
 - Present training objectives
 - Create group agreements
 - Review agenda
- 1:30pm What is the Tribal Behavioral Health Agenda?
- Review background and key terms
 - Review data and statistics
 - Discuss the vision of the agenda
- 2:00pm What are the 5 Foundational Elements?
- Historical and Intergenerational Trauma
 - Socioecological Approach
 - Prevention and Recovery Support
 - Behavioral Health Systems and Support
 - National Awareness and Visibility
- 3:00pm BREAK
- 3:15pm What are the Next Steps?
- Dissemination
 - Collaboration
 - Implementation
- 3:45pm What can implementation look like?
- Mini breakout sessions
- 4:15pm DISCUSSION/ Q&A
- 5:00pm ADJOURN