

November 7-9, 2023 | Casino Del Sol | Tucson, Arizona



CHR

SUMMIT

VII

Stronger Together:
Growing in Professionalism and
Enhancing the Community Health
Representative Workforce



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Arizona Center for Rural Health is proud to partner with the Arizona Advisory Council on Indian Health Care.

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AHEAD AZ Advancing Health Equity
Addressing Disparities in Arizona



ARIZONA DEPARTMENT OF HEALTH SERVICES



**Colorado River Indian Tribes
Community Health Representatives**
wish you a great CHR Summit VII!



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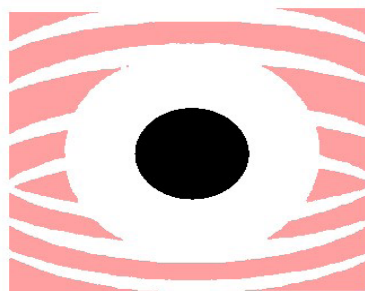
AzCHOW

Arizona Community Health Workers Association

The Arizona Community Health Workers Association (AzCHOW) is an organization of, by, and for community health workers. AzCHOW is designed to create unity while preserving cultural diversity among community health workers. The mission of AzCHOW is:

- To inform and unite culturally diverse community health outreach workers from all disciplines;
- To strengthen the professional development of the field through resource sharing and collaborative opportunities with community, tribal, government, health, and educational institutions;
- To create partnerships that build upon organizational capacities and strengths while aiding the underserved and at-risk populations within Arizona; and

- To address relevant political and policy issues. The AzCHOW Association is a statewide organization of community-based health workers and advocates who lead by using resource sharing, partnership development, education, outreach, health promotion, and disease prevention strategies to improve the health of Arizona residents. AzCHOW provides an opportunity for all community health workers, regardless of how they are identified within their organizations, to develop a collective voice for addressing policy issues, methods of becoming financially sustainable, and the expansion of their professional standing in Arizona. AzCHOW is unestablished 501c3 non-profit organization. AzCHOW represents all individuals working as community health workers, no matter where they work or what their official title is, we guide our recognition of the CHW workforce based on the core competencies of the CHW profession.



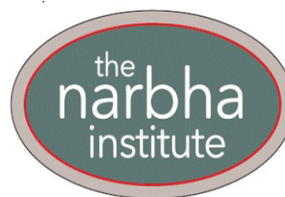
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Our mission began nearly 40 years ago when our founder, Dr. C. David Molina, opened a clinic for low income locals. Today, we are a national managed care leader focused exclusively on helping those in need lead better, healthier lives. At Molina Healthcare, we improve the health and lives of members covered by government programs. It's not just a line of business; it's our only business. Molina Healthcare contracts with state governments and serve as a health plan, providing a wide range of quality health care services to families and individuals who qualify for government-sponsored programs, including Medicaid. Medicaid/Medicare dual eligibles and the State Children's Health Insurance Program (SCHIP). Molina Healthcare serves 4 million lives and offers Medicaid plans in 19 states. In Arizona, Molina Healthcare is one of the AHCCCS Complete Care Health Plans serving the Medicaid and Dual Eligible Medicaid/Medicare members in the Central region which covers Maricopa, Pinal, and Gila counties.

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Vitalyst

HEALTH FOUNDATION

Tuesday, November 7th

Pre-Conference Day



TIME	ROOM	SESSION
11:00am-5:30pm	Ballroom Foyer	Conference Registration Opens
Breakout Sessions		
1:00pm-5:00pm	Ballroom A	A Comprehensive Look at Diabetes Complications Jerry Meece, BPharm, CDCES, FADCES, FACA Plaza Pharmacy and Wellness Center While focusing on the acute complications of diabetes, this presentation will also help the CHR gain a better understanding of how the complications that occur with two major forms of diabetes can be prevented and treated. The presentation will also cover the major medications that are used in each of the types of diabetes as well as how physical activity affects each of them.
	Ballroom B	CHR PCC Coding “Putting it into Practice” Pam Aguilar Indian Health Service This session is for CHRs that have a basic understanding of coding and documentation. The class will provide insight and practice into documenting the services provided by CHRs in their communities.
	Ballroom C	Tribal In-Person Community of Practice (CDC-CCR Recipients Only) Monique Allen & Sherri Ohly Envision Discuss a streamlined way to collect, submit, share data and continue the relationship building and networking that was established at the CCR tribal gathering on August 2nd in Austin, Texas.



Wednesday, November 8th

Day 1



TIME	ROOM	SESSION
6:30am-9:00am	Ballroom Foyer	Conference Registration
7:00am-8:30am	Junior Ballroom	Breakfast Buffet
8:00am-8:30am	Ballroom C	Welcoming Remarks
8:30am-8:45am	Ballroom C	Opening Blessing & Land Acknowledgment
8:45am-9:45am	Ballroom C	Welcome & Keynote Address Dr. Adalberto Renteria, Medical Director Pascua Yaqui Tribe
9:45am-10:10am	Ballroom C	Recognition of Planning Committee & Summit Sponsors Isabella Denton Arizona Advisory Council on Indian Health Care
10:10am-10:30am		Session Break



Wednesday, November 8th

Day 1



TIME

ROOM

SESSION

Breakout Sessions

10:30am-11:45am

Ballroom A

See It, Stop It, Prevent It

Bethany Reed, NP

River People Health Center

Speaker addresses how to identify, stop, and prevent elder abuse in tribal communities. Examples of how Salt River Pima-Maricopa tribal community educates and provides resources to community members and care providers on their duty to report elder abuse will be provided.

Ballroom B

Writing an Effective Resume

Rema J. Metts

Gila River Health Care

CHR's need an effective resume that show organization, attention to detail, and preparation; by highlighting pertinent skills CHR's can let a business know they have what the company is looking for. Qualities that enable effective communication, teamwork and display integrity are key for employers when reviewing a resume, let's look at your resume and update it to be effective.

Ballroom C

Existing and Needed Cancer Education and Support

Carol Goldtooth & Nicky Teufel-Shone

Partnership for Native American Cancer

Prevention Outreach Team

In this session, the outreach team from the Partnership for Native American Cancer Prevention will hold a discussion about existing cancer programming and need for additional education and support. Join to share your perspective!



Wednesday, November 8th

Day 1



TIME

ROOM

SESSION

Breakout Sessions

10:30am-11:45am

Ballroom D

Cultural Humility

Sheryl Nelson & Maria Rocio Torres, MPH
UArizona Center for Rural Health (AzCRH)/
Advancing Health Equities, Addressing Dispar-
ities (AHEAD AZ)

This presentation will introduce the concept of culture and cultural responsiveness/cultural humility, including an activity that reviews positionality and the process of being reflective.

Ballroom E

The Role of Nurses in the Future of Healthcare

Dr. Adalberto Renteria, Medical Director
Pascua Yaqui Tribe

We will discuss the importance of Nurses in the future Operations and Strategy of our Health Care system.

11:45am-1:00pm

Junior Ballroom

Lunch Buffet

12:00pm-12:45pm

Ballroom C

Awards Luncheon

Estella Aguirre, Pascua Yaqui Tribe &
Adrienne James, Salt River Pima-Maricopa
Indian Community

Please join us for the presentation of awards including the Preo Johnson Leadership Award, Outstanding CHR of the Year, CHR Program of the Year, and more!

Wednesday, November 8th

Day 1



TIME	ROOM	SESSION
1:00pm-2:30pm	Ballroom C	CHR Voluntary Certification and Medicaid Reimbursement Panel Panelists included: <ul style="list-style-type: none">• Carin Watts, Arizona Department of Health Services• Alex Demyan & Leslie Short, Arizona Health Care Cost Containment System• Gila River Health Care Community Health Representatives Moderated by Dr. Samantha Sabo, Northern Arizona University
2:30pm-2:45pm		Session Break
Breakout Sessions		
2:45pm-4:00pm	Ballroom A	Introduction to Health Literacy Summer Hassan Arizona Advisory Council on Indian Health Care This session will cover the fundamentals of health literacy and the importance of increasing health literacy, especially among vulnerable populations.
	Ballroom B	Physical Activity and Medications for Community Health Workers Jerry Meece, BPharm, CDCES, FADCES, FACA Plaza Pharmacy and Wellness Center Follow Up to Nov 7 th Presentation: Bring Your Questions, Challenges Speed Bumps, and Case Studies on challenging patients. This time can be used to answer any questions about diabetes or patients CHR/W's have dealt with. Two case studies will be introduced with Motivational Interviewing techniques to enhance patient engagement.



Wednesday, November 8th

Day 1



TIME

ROOM

SESSION

Breakout Sessions

2:45pm-4:00pm

Ballroom D

A Conversation about Grant Management

Brook Bender

Hualapai Senior Services

This presentation will go over setting goals, achieving grant objectives, overcoming challenges, managing reports, and working with your finance department to ensure grant continuity.

Ballroom E

Community Health Aide Program Presentation

Carrie Sampson-Samuels

Northwest Portland Area Indian Health Board

Jason Butler

Shoshone-Bannock Tribes

5:30pm-8:00pm

Ballroom C

Cultural Sharing Evening

Junior Ballroom

Dinner Buffet

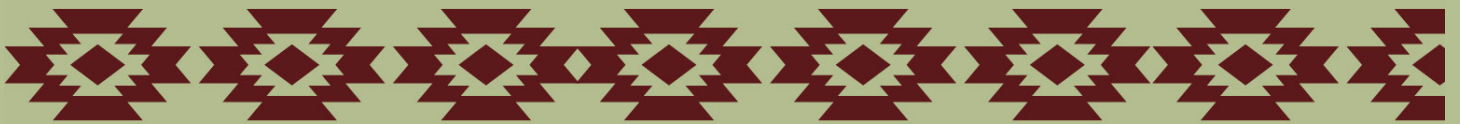


CHR ANNUAL SUMMIT VII PRESENTS

CULTURAL SHARING NIGHT



JOIN US FOR A NIGHT OF
CULTURAL FUN!



Live Performances!

Wa:K Tab Basket Group
Nolic Traditional Singers
Pascua Yaqui Story Telling

*Dinner will be
provided!*

*Educational Material
Giveaway!*

**CULTURAL ATTIRE IS
HIGHLY ENCOURAGED!**

DETAILS

November 8th, 2023

5:30pm-8:00pm

Ballroom C





Schedule

5:30pm	Dinner Service Begins
6:15pm-6:25pm	Welcome/Blessing Blessing by: Joe Gastello, Pascua Yaqui
6:25pm-6:40pm	Wak Tab Basket Group
6:40pm-6:55pm	Nolic Traditional Singers
6:55pm-7:25pm	Educational Materials Giveaway
7:25pm-7:40pm	Storytelling Joe Gastello, Pascua Yaqui
7:40pm-7:55pm	Round Dance (All Attendees)
7:55pm-8:00pm	Closing remarks

The Dinner Buffet will be available throughout this event and located in the Junior Ballroom



Thursday, November 9th

Day 2



TIME	ROOM	SESSION
7:00am-8:30am	Junior Ballroom	Breakfast Buffet
8:30am-9:00am	Ballroom C	Welcome & Presentation Stephanie Larkins, Director of Nursing Pascua Yaqui Tribe
9:00am-9:15am	Ballroom C	Recap of Day One
9:15am-10:30am	Ballroom C	CHR Networking Market Coordinated by CDC-CCR Team Arizona Advisory Council on Indian Health Care
10:15am-10:30am		Session Break
Breakout Sessions		
10:30am-11:35am	Ballroom A	Highlighting Disability Etiquette Kimberly Yellow Robe Banner University Health Plans Presenter will share etiquette information from the recently revised National Indian Council on Aging Disability Toolkit
	Ballroom B	Naloxone Training Suzette Molina Tohono O'odham Nation

Thursday, November 9th

Day 2



TIME	ROOM	SESSION
Breakout Sessions		
10:30am-11:35am	Ballroom D	COVID-19 and Chronic Diseases among AI/AN Health Disparities Grant Team Arizona Advisory Council on Indian Health Care This presentation will focus on the relationship between chronic diseases and COVID-19 and how that impacted the AI/AN population.
	Ballroom E	Understanding and Responding to Dementia-Related Behavior Alexis Ramirez & Kinsey McManus Alzheimer's Association's Desert Southwest Chapter Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. This session will cover tips and recommendations for families on how to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.
11:30am-12:30pm	Junior Ballroom	Lunch Buffet
Breakout Sessions		
12:30pm-1:30pm	Ballroom A	How Social Determinants of Health Affect Tribal Communities Keye Garman Arizona Advisory Council on Indian Health Care Explores the impact of social determinants on tribal communities and the critical role of data collection in addressing these challenges. Also highlighting the significance of data in addressing social determinants and improving well-being within these populations.

Thursday, November 9th

Day 2



TIME

ROOM

SESSION

Breakout Sessions

12:30pm-1:30pm

Ballroom B

The Role of Nurses in the Future of Healthcare

Dr. Adalberto Renteria, Medical Director
Pascua Yaqui Tribe

We will discuss the importance of Nurses in the future Operations and Strategy of our Health Care system.

Ballroom C

Existing and Needed Cancer Education and Support

Carol Goldtooth & Nicky Teufel-Shone
Partnership for Native American Cancer
Prevention Outreach Team

In this session, the outreach team from the Partnership for Native American Cancer Prevention will hold a discussion about existing cancer programming and need for additional education and support. Join to share your perspective!

Ballroom D

Community Health Representative Integration: Public Health Emergency Preparedness & Response and Vaccine Deployment

Janet Yellowhair
Northern Arizona University - Center for
Health Equity Research

This presentation will focus on a best practice guide to ensure appropriate integration of Community Health Representatives (CHRs) into emergency preparedness and response efforts, and vaccine deployment.

Thursday, November 9th

Day 2



TIME

ROOM

SESSION

Breakout Sessions

12:30pm-1:30pm

Ballroom E

Empowering Change in Community Health: An Introduction to Motivational Interviewing and Practical Applications

Dominique Henry, RDN
Informed Nutrition, LLC

Motivational interviewing is a powerful technique that empowers individuals to discover their own motivations, overcome obstacles, and make positive changes in their health behaviors. Explore the transformative power of motivational interviewing and its practical applications in the realm of community health.

1:30pm-3:00pm

Ballroom C

IHS National CHR Strategic Plan Panel

Panelists include:

- Michelle Archuleta, Indian Health Service
- Commander Loretta Haven, Indian Health Service

Moderated by Dr. Samantha Sabo,
Northern Arizona University

3:00pm

Group Photo & Summit Adjournment

Tribal Organization Representation

- Battle Mountain Band Council
- Chemehuevi Indian Tribe
- Cherokee Nation
- Cheyenne and Arapaho Tribes
- Cocopah Indian Tribe
- Colorado River Indian Tribes
- Fort McDowell Yavapai Nation
- Fort Mojave Indian Tribe
- Gila River Health Care
- Hopi Tribe
- Hualapai Tribe
- Kaibab Band of Paiute Indians
- Navajo Nation
- Oglala Sioux Tribe Rapid City
- Pascua Yaqui Tribe Community Nursing
- Port Gamble S'Klallam Tribe
- Quechan Tribe
- Salt River Pima-Maricopa Indian Community
- San Carlos Apache Tribe
- Tohono O'odham Nation
- White Earth Tribal Council
- White Mountain Apache Tribe

CHR Summit VII Planning Committee

Co-Chairs

- **Adrienne James**
Salt River Pima-Maricopa Indian Community
- **Estella Aguirre**
Pascua Yaqui Tribe
- **Kimberly F Yellow Robe**
Banner University Health Plans

Committee

- **Amanda Whitesinger**
Gila River Health Care
- **Archie Mariano**
Arizona Advisory Council on Indian Health Care
- **Ashley Lazaro**
Arizona Advisory Council on Indian Health Care
- **Brook Bender**
Hualapai Senior Services
- **Christina Nosie**
San Carlos Apache Tribe
- **Codylee Juan**
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- **Dave Ryder**
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- **Isabella Denton**
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- **Janet Yellowhair**
Northern Arizona University
- **Jeffrey Axtell**
Arizona Advisory Council on Indian Health Care

- **Jesse Morgan**
San Carlos Apache Tribe
- **Joyce Hamilton**
Hopi Tribe
- **JT Nashio**
White Mountain Apache Tribe
- **Kiani Becerra**
Arizona Advisory Council on Indian Health Care
- **Loretta Haven**
Indian Health Service
- **Louisa O'Meara**
Northern Arizona University
- **Maribel Armenta**
Pascua Yaqui Tribe
- **Mary Miguel**
Salt River Pima-Maricopa Indian Community
- **Mckayla Keams**
Arizona Advisory Council on Indian Health Care
- **Rema Metts**
Gila River Health Care
- **Samantha Sabo**
Northern Arizona University
- **Shealee Gartner**
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- **Summer Hassan**
Arizona Advisory Council on Indian Health Care
- **Mallory Thomas**
Salt River Pima-Maricopa Indian Community



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